

5

**Use of at least one effector of glutathione metabolism together with  $\alpha$ -lipoic acid for the treatment of chronically obstructive lung diseases**

10 The invention relates to the use of at least one effector of glutathione metabolism together with  $\alpha$ -lipoic acid, its salts and/or its pro-drugs for the simultaneous, separate or timed cytoprotective treatment of chronically obstructive lung diseases.

15 Chronically obstructive lung diseases (chronic bronchitis, chronic obstructive pulmonary diseases COPD) count as the numerically most strongly growing health problems of modern industrial nations. There are various causes for this increase, environmental factors and disadvantageous lifestyles including  
20 nicotine abuse playing a particular role. The economic damage arising annually from the direct and indirect costs of illness represents a considerable burden and is the reason for various measures for therapeutic and preventive interventions.

25 Once chronic lung obstructions have become manifest the causes of them are generally not responsive to therapy. The treatment must be directed to as extensive as possible a reduction of the symptoms. These include secretolysis and bronchodilatation. With the exception

of milder forms, an accompanying anti-inflammatory therapy with corticosteroids is mandatory.

In past years, a number of experiments have been carried out in which an attempt was made to trace  
5 pathophysiological connections in respect of restriction of lung function and cellular effector mechanisms both of lung cell types and of immigrating or resident immune cells.

As a result, in particular in addition to tissue-  
10 destroying processes which are caused by matrix-bound and soluble proteases and ultimately lead to the occurrence of pulmonary emphysema, a dysregulation of the function of typical immune cells of the lung was recorded. To the fore here are alveolar macrophages  
15 which, at over 83%, make up the numerically largest proportion of the immune cells in the bronchoalveolar area. Comparing the alveolar macrophages of healthy people with COPD patients shows a clearly reduced functionality of the alveolar macrophages in the  
20 patient groups which is ~~characterised~~characterized mainly by the loss of the original capacity for phagocytosis as well as of bactericidal properties and is regularly accompanied by a defect in the homeostasis of the cytokine production.

25 Furthermore it was able to be demonstrated that alveolar macrophages of COPD patients and especially of smoking COPD patients have a highly damaged thiol-disulphide status. In conjunction with the knowledge of a direct correlation between thiol deficiency and  
30 dysfunction in other cellular systems, the conclusion was obvious that this pulmonary thiol deficiency represents a pathophysiological key role in the occurrence and especially the maintenance of the disease.

Finely regulating the thiol-disulphide status represents one of the most important basic premises of biological metabolism efficiency. The central regulating element within this system is tripeptide glutathione which achieves relatively high intra-cellular concentrations (up to 10mM) in reduced form.

In addition to glutathione, proteins bearing intracellular SH (thiol) groups, and especially such groups in cell membrane-bound form, are further important structural units of the thiol-disulphide status of each cell.

The metabolism of disulphide cleavage and thiol group formation regulated by various enzyme classes must necessarily be intact for any normal cell functioning, due to the variety of its biological functions inter alia in cellular growth and differentiation processes including programmed cell death as well as cell protection and detoxification mechanisms. Disturbances in this system and alterations in the concentration of the thiols lead to serious cellular dysfunctions which only remain locally limited in an isolated case, but generally impair the entire organism.

Thus from DE 101 25 883 it is known that, in particular under the conditions of a severely restricted kidney function and therefore necessary kidney replacement therapy in the form of haemodialysis or peritoneal dialysis, the cellular thiol-disulphide metabolism is badly disturbed. This disturbance results inter alia in an extensive loss of normal cell functions, that of the capacity of peritoneal macrophages for phagocytosis or the capacity of lymphocytes to be activated.

DE 101 25 832 describes studies within the framework of diabetes mellitus, in which a displacement of the redox state on account of reduced glutathione as well as an

absolute reduction in the total pool of glutathione was able to be proved. This defect can be removed by a combination of  $\alpha$ -lipoic acid and prothiols.

Proceeding from the above, it was the object of the present invention to make available a medicine with which the functionality of the alveolar macrophages can be restored in chronically obstructive lung diseases and the connected defect in the homeostasis of the cytokine production can be eliminated.

10 This object is accomplished by the ~~utilisation~~utilization having the features of claim 1. The additional dependent claims disclose advantageous developments.

According to the invention, the use of at least one effector of glutathione metabolism together with  $\alpha$ -lipoic acid, its salts and/or its pro-drugs for the simultaneous, separate or timed cytoprotective treatment of chronically obstructive lung diseases is taught.

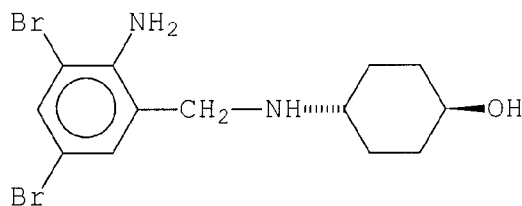
20 It was able to be demonstrated that, due to the application of the inventive combination of  $\alpha$ -lipoic acid and the effectors of glutathione metabolism, there was a ~~normalisation~~normalization of the primarily reduced thiol status of alveolar macrophages. Not only did the thiol-~~stabilising~~stabilizing effect of the combination regularly exceed that of solely using  $\alpha$ -lipoic acid or the respective effectors, but superadditive effects could also be demonstrated.

30 The restoration of the thiol status included here both intracellular thiols and membrane-bound SH groups and thus is an expression of a complex biological regulation. This phenomenon is based on the fact that the effectors of glutathione metabolism on the one hand

eliminate intermediately produced free radicals and on the other hand increase the availability of reducing equivalents for the conversion of the  $\alpha$ -lipoic acid from disulphide form to reduced form and thus improve the synthesis-inducing effect of the  $\alpha$ -lipoic acid on the thiol-disulphide status. The restoration of the thiol status of the immune cells was accompanied by a normalisation of the phagocytosis activity as an expression of a regulation of central functional parameters.

The combinations of  $\alpha$ -lipoic acid with an effector of glutathione metabolism, used according to the invention, can be administered in the conventional pharmacological forms or as an instillate both prophylactically and therapeutically. The effective dose has to be determined according to the individual case and preferably lies in the range between 30 and 1800 mg/d and by particular preference between 200 and 600 mg/d  $\alpha$ -lipoic acid.

Preferably ambroxol of the general formula I



its salts and/or its pro-drugs is/are used as the effector of glutathione metabolism. The dose of ambroxol, its salts and/or its pro-drugs for administration to a human patient is preferably in the range between 7.5 and 90 mg/d and by particular preference between 60 and 75 mg/d.

Ambroxol is used in various administration forms for lung and bronchial diseases as a mucolytic medicine. The effect of ambroxol as a mucolytic agent is based both on a stimulation of the ~~suffactants~~surfactant production of the bronchial cells and, particularly, on the capability of eliminating free radicals. The anti-oxidative activity, based on this, of the substance was able to be proved mainly on pulmonary cells but also within the framework of inflammatory mechanisms.

10 In a further preferred variant, silibinin is used as the effector of glutathione metabolism. The dose of silibinin, its salts and/or its pro-drugs for administration to a human patient is preferably between 20 and 1600 mg/d and by particular preference between  
15 300 and 800 mg/d.

Silibinin is a representative of naturally occurring polyhydroxyphenyl chromanone compounds which are known as flavolignans. Within the group of flavolignans, silymarin is described as the extract of certain  
20 fruits. Silymarin is in turn a complex of the flavenoids silibinin, silichristin, silidianin and bitter constituents. As described in DE 35 37 656, silibinin including the positional isomers can be isolated from this complex.

25 The described medicine can be administered by inhalation, orally or parenterally. The medicine can be in the form of an aerosol, for example as a dust or mist aerosol, a spray or inhalation aerosol, a solution, granules, a powder, an emulsion, a tablet  
30 and/or a film tablet.

The medicine can preferably contain further additives selected from the group of aqueous solvents, ~~stabilisers~~stabilizers, suspending, dispersing and wetting agents.

The effector of glutathione metabolism and the  $\alpha$ -lipoic acid can be presented both in a single formulation and in separate formulations.

The ~~utilisation~~utilization according to the invention  
5 will now be explained in greater detail with the aid of the following examples.

### **Example 1**

Influence of the combination of  $\alpha$ -lipoic acid with ambroxol on the cellular thiol status of alveolar  
10 macrophages

The established normal alveolar macrophage cell line CRL 21-92 (NR8383 [AgC11x3A; NR8383.1]) was used. The cells were taken up in special cell culture media and incubated in a gassing incubator at 37°C, a relative  
15 air humidity of 98% and a relative air-CO<sub>2</sub> content of 5%. In order to check the influence of the combinations used according to the invention on the thiol status of thiol-deficient alveolar macrophages, these were artificially thiol-depleted. This came  
20 about by cultivation in thiol-deficient media (TDM) according to tested methods [Free Radic Biol Med 2000; 29:1160-1165]. Comparative cultures using complete media (RPMI 1640) were used for defining the best possible normal value under culture conditions.

25 The intercellular thiol content at the individual cell level was determined using 5-chloromethylfluorescein diacetate (CMFDA) in flow cytofluorimetry [Cytometry 1994; 15:349-358, Cytometry 1997; 29:76-82].

CMFDA which is primarily non-fluorogenic is here  
30 passively absorbed by the cell. Via the chloromethyl residue there is binding to cytoplasmatic thiol groups. After the acetate residues have been split off by

unspecific cellular esterases, this complex which is now cell membrane-impermeable becomes fluorogenic at an excitation wavelength of  $\lambda_{\text{ex}} = 490$  nm with an emission wavelength of  $\lambda_{\text{em}} = 520$  nm. The mean fluorescence intensity of the sample (10,000 cells) is directly proportional to the concentration of the intracellular thiol groups.

The expression of membrane-bound thiol groups was also determined by means of flow cytofluorimetry. Chloromethyl tetramethyl rhodamine (CMTMR) was used as the thiol conjugate under conditions of a blocked membrane potential and an inhibited diffusion capacity of the cells [Exp Hematol 1997; 25(7): 601-607]. The fluorescence intensity of the bound fluorochrome molecules on the cell membrane is here again proportional to the quantity of thiol groups on the cell surface. Immortalised alveolar macrophages were artificially thiol-depleted in the above-described test assembly. The influence of the substances used according to the invention was checked over a period of 96 hours by measuring the intracellular thiol content and the membrane expression of thiols.

It was demonstrated that, starting after 24 hours, the combination of  $\alpha$ -lipoic acid and ambroxol in a wide concentration range from 100 nM to 10  $\mu$ M initiated a complete restoration of the thiol status of the alveolar macrophages. As shown in Table 1, significant increases in the thiol content were demonstrated over the entire test period for these ambroxol doses. The effect of the  $\alpha$ -lipoic acid alone was regularly significantly exceeded.

Table 1 shows the influence of  $\alpha$ -lipoic acid in combination with ambroxol on the intracellular thiol concentration of an alveolar macrophage cell line [\* :  $p < 0.05$ , ANOVA,  $n=12$ ].



Table 1:

Thiols, intracellular (CMFDA)[%]	24h MW      ±    SD	48h MW      ±    SD	72h MW      ±    SD	96h MW      ±    SD
KO, normal RPMI1640	100.0    ±    38.0	100.0    ±    67.9	100.0    ±    24.2	100.0    ±    5.4
KO, thiol-deficient TDM	65.0      ±    6.0	35.7      ±    13.3	59.6      ±    16.8	73.3      ±    12.4
$\alpha$ LA[10.0 $\mu$ g/ml] TDM	70.2      ±    8.4	58.9      ±    10.4	78.1      ±    30.0	72.5      ±    19.1
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [0.1 $\mu$ M] TDM	93.6      ±    17.8*	96.9      ±    63.6*	117.8    ±    12.5*	102.7    ±    27.7*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [1.0 $\mu$ M] TDM	91.7      ±    8.6*	77.5      ±    32.0*	101.5    ±    26.8*	101.1    ±    8.3*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [10.0 $\mu$ M] TDM	80.6      ±    9.7*	71.8      ±    32.0*	115.6    ±    25.8*	101.0    ±    7.1*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [100.0 $\mu$ M] TDM	70.3      ±    6.7*	74.6      ±    30.1*	101.4    ±    23.1*	62.4      ±    15.9*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [1000.0 $\mu$ M] TDM	10.5      ±    7.3	40.7      ±    24.5	22.5      ±    5.2	20.5      ±    21.5

5

Table 2 shows the influence of  $\alpha$ -lipoic acid in combination with ambroxol on the membrane thiol concentration of an alveolar macrophage cell line [\*:  
 10 p<0.05, ANOVA, n=12]. Table 2 is based on the parallel induction of membrane thiols.

15

Table 2:

20

Thiols, in membrane (CMTMR)[%]	24h MW      ±    SD	48h MW      ±    SD	72h MW      ±    SD	96h MW      ±    SD
-----------------------------------	------------------------	------------------------	------------------------	------------------------

KO, normal RPMI1640	100.0 ± 52.6	100.0 ± 7.9	100.0 ± 44.9	100.0 ± 44.2
KO, thiol-deficient TDM	75.9 ± 38.2	86.1 ± 15.0	68.2 ± 3.3	82.7 ± 44.1
$\alpha$ LA[10.0 $\mu$ g/ml] TDM	91.1 ± 66.3	165.5 ± 36.3	82.3 ± 42.1	118.9 ± 76.6
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [0.1 $\mu$ M] TDM	90.7 ± 55.7	176.3 ± 6.1*	82.5 ± 31.6	122.6 ± 76.8*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [1.0 $\mu$ M] TDM	96.2 ± 55.4	161.1 ± 25.3*	82.2 ± 23.9*	144.9 ± 110.4*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [10.0 $\mu$ M] TDM	97.3 ± 51.7	165.8 ± 37.2*	87.2 ± 31.0*	125.8 ± 73.4*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [100.0 $\mu$ M] TDM	106.6 ± 61.2*	170.3 ± 36.8*	93.5 ± 28.9*	117.0 ± 51.0*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [1000.0 $\mu$ M] TDM	110.7 ± 25.6	159.9 ± 18.2*	95.1 ± 27.5	125.0 ± 15.7*

## Example 2

Influence of  $\alpha$ -lipoic acid in combination with  
 5 silibinin on the cellular thiol status of alveolar  
 macrophages

Immortalised alveolar macrophages were artificially  
 thiol-depleted in the test assembly described in  
 10 Example 1. The influence of the substances used  
 according to the invention was checked over a period of  
 96 hours by measuring the intracellular thiol content  
 and the membrane expression of thiols.

15 It was demonstrated that, starting after 24 hours, the  
 combination of  $\alpha$ -lipoic acid and silibinin in a narrow  
 concentration range around 70  $\mu$ g/ml initiated a  
 complete restoration of the thiol status of the  
 alveolar macrophages. As shown in Table 3, significant  
 20 increases in the thiol content were demonstrated over  
 the entire test period for this silibinin dose. The  
 effect of the  $\alpha$ -lipoic acid alone was regularly  
 significantly exceeded. Smaller additive concentrations

of silibinin also induced a thiol regeneration after treatment of a longer duration.

The influence of membrane thiols was, as recorded in Table 4, demonstrable in the above-mentioned concentration-time regimes. In contrast to intracellular induction, surface thiols were already modulated after 24 hours in the presence of smaller concentrations of silibinin.

10

Table 3 shows the influence of  $\alpha$ -lipoic acid in combination with silibinin on the intracellular thiol concentration of an alveolar macrophage cell line [\* :  $p < 0.05$ , ANOVA,  $n = 12$ ].

15

20

25

30

Table 3:

35

Thiols, intracellular (CMFDA)[%]	24h			48h			72h			96h		
	MW	±	SD	MW	±	SD	MW	±	SD	MW	±	SD
KO, normal RPMI1640	100.0	±	29.0	100.0	±	29.3	100.0	±	52.4	100.0	±	14.2

KO, thiol-deficient TDM	77.4 ± 26.6	86.8 ± 4.0	88.8 ± 50.0	82.1 ± 13.7
$\alpha$ LA[10.0 $\mu$ g/ml] TDM	69.2 ± 28.2	91.1 ± 16.6	88.6 ± 26.2	114.8 ± 33.2
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [0.07 $\mu$ g/ml] TDM	77.5 ± 26.8*	91.5 ± 17.3	92.9 ± 45.0	122.6 ± 33.1*
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [0.7 $\mu$ g/ml] TDM	75.1 ± 27.4	93.1 ± 24.7	90.0 ± 37.8	108.2 ± 22.9*
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [7.0 $\mu$ g/ml] TDM	73.3 ± 2.3	90.4 ± 29.0	85.9 ± 35.7	124.2 ± 40.1*
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [70.0 $\mu$ g/ml] TDM	161.7 ± 76.7*	173.4 ± 85.2*	126.6 ± 29.5*	143.3 ± 51.9*
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [700.0 $\mu$ g/ml] TDM	40.9 ± 17.4	18.7 ± 10.5	17.1 ± 11.6	22.5 ± 7.5

5

Table 4 shows the influence of  $\alpha$ -lipoic acid in combination with silibinin on the membrane thiol concentration of an alveolar macrophage cell line [\*:  
10 p<0.05, ANOVA, n=12].

15

Table 4:

20

Thiols, in membrane (CMFDA)[%]	24h		48h		72h		96h	
	MW	± SD	MW	± SD	MW	± SD	MW	± SD
KO, normal RPMI1640	100.0	± 6.8	100.0	± 8.2	100.0	± 34.5	100.0	± 47.0
KO, thiol-deficient TDM	82.5	± 3.6	88.9	± 7.3	87.5	± 35.7	100.2	± 54.5
$\alpha$ LA[10.0 $\mu$ g/ml] TDM	108.8	± 38.2	126.2	± 68.6	90.7	± 28.1	107.3	± 57.4
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [0.07 $\mu$ g/ml] TDM	103.4	± 54.6	126.7	± 56.8	106.3	± 39.5	109.9	± 60.9
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [0.7 $\mu$ g/ml] TDM	124.3	± 21.7*	133.8	± 54.2*	91.8	± 36.6	110.9	± 45.9
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin	109.4	± 32.9*	175.2	± 65.8*	135.7	± 21.0*	111.2	± 30.4

[7.0 µg/ml] TDM				
αLA[10.0 µg/ml] Silibinin	150.0 ± 24.1*	138.7 ± 62.4*	102.0 ± 45.0*	110.5 ± 44.2
[70.0 µg/ml] TDM				
αLA[10.0 µg/ml] Silibinin	68.3 ± 4.0	103.1 ± 26.1	91.1 ± 32.9	122.1 ± 39.2
[700.0 µg/ml] TDM				

### Example 3

Influence of the combination of α-lipoic acid in  
 5 combination with ambroxol on the cellular thiol status  
 of primary alveolar macrophages of COPD patients

Alveolar macrophages were isolated from the  
 bronchoalveolar lavage fluid of COPD patients, taken up  
 10 in cell culture medium and incubated in a gassing  
 incubator at 37°C, a relative air humidity of 98% and a  
 relative air-CO<sub>2</sub> content of 7.5%. In order to check  
 the influence of the combinations used according to the  
 invention on the thiol status of the peritoneal  
 15 macrophages, in each case one fraction was treated with  
 α-lipoic acid, the effector of glutathione metabolism  
 ambroxol or with the combination of α-lipoic  
 acid/ambroxol, whilst another fraction was used in each  
 case as an untreated control. Untreated alveolar  
 20 macrophages from healthy, non-COPD patients served as  
 the normal comparison.

The cellular thiol status was determined by means of  
 the measuring method described under 1. The effect of  
 25 the combination of α-lipoic acid and ambroxol in time  
 kinetics over 96 hours in relation to healthy cells is  
 shown in Table 5.

With the addition of the monosubstances, only a  
 30 marginal rise in cellular thiol expression was observed  
 using ambroxol, whilst α-lipoic acid showed no effect.  
 In contrast, with the combination of α-lipoic acid and  
 ambroxol, a clear rise in cellular thiol expression  
 could be demonstrated, starting after 24 hours, which

reached a superadditive and significant maximum over the entire test period in the presence of 10  $\mu$ M ambroxol.

5 Table 5 shows the influence of  $\alpha$ -lipoic acid in combination with ambroxol on the cellular thiol concentration of primary alveolar macrophages of COPD patients [\* :  $p < 0.05$ , ANOVA,  $n = 8$ ].

10

15

20

25 Table 5:

Thiols, intracellular (CMFDA)[%]	24h MW $\pm$ SD	48h MW $\pm$ SD	72h MW $\pm$ SD	96h MW $\pm$ SD
Control, normal RPMI1640	100.0 $\pm$ 19.7	100.0 $\pm$ 13.1	100.0 $\pm$ 31.8	100.0 $\pm$ 23.2
Control, COPD. RPMI1640	61.6 $\pm$ 13.9	58.6 $\pm$ 13.7	46.1 $\pm$ 18.8	51.9 $\pm$ 14.3
$\alpha$ LA[10.0 $\mu$ g/ml] RPMI1640	60.3 $\pm$ 21.0	58.0 $\pm$ 17.0	46.2 $\pm$ 19.8	62.4 $\pm$ 6.3
Ambroxol [10.0 $\mu$ /ml] RPMI1640	67.4 $\pm$ 16.4	61.8 $\pm$ 11.5	61.6 $\pm$ 20.8	67.1 $\pm$ 8.4
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [1.0 $\mu$ M] RPMI1640	81.1 $\pm$ 15.7*	81.9 $\pm$ 10.1*	83.9 $\pm$ 18.2*	81.2 $\pm$ 8.8*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [10.0 $\mu$ M] RPMI1640	101.2 $\pm$ 17.7*	109.5 $\pm$ 13.4*	113.9 $\pm$ 25.6*	107.8 $\pm$ 26.8*
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol [100.0 $\mu$ M] RPMI1640	84.7 $\pm$ 25.5	79.6 $\pm$ 13.4	70.0 $\pm$ 31.8*	76.6 $\pm$ 9.7
$\alpha$ LA[10.0 $\mu$ g/ml] Ambroxol	31.5 $\pm$ 12.1	53.8 $\pm$ 22.8	34.8 $\pm$ 2.1	36.1 $\pm$ 4.2

[1000.0 µM] RPMI1640				
----------------------	--	--	--	--

#### Example 4

5 Influence of the combination of  $\alpha$ -lipoic acid in combination with silibinin on the cellular thiol status of primary alveolar macrophages of COPD patients

10 In a test assembly identical to that of Example 3, alveolar macrophages from COPD patients were in each case treated with  $\alpha$ -lipoic acid, the effector silibinin or with the combination of  $\alpha$ -lipoic acid/silibinin, whilst another fraction was again used in each case as an untreated control. Untreated alveolar macrophages  
15 from healthy, non-COPD patients served here, too, as the normal comparison.

The cellular thiol status was determined by means of the measuring method described under 1. The effect of  
20 the combination of  $\alpha$ -lipoic acid and silibinin in time kinetics over 96 hours in relation to healthy cells is shown in Table 6.

25 With the addition of the monosubstances  $\alpha$ -lipoic acid or silibinin, no modulation of the cellular thiol expression was to be observed. In contrast, with the combination of  $\alpha$ -lipoic acid and silibinin, a clear rise in cellular thiol expression could be demonstrated, starting after 24 hours, which reached a  
30 superadditive and significant maximum over the entire test period in the presence of 70 µg/ml silibinin.

Table 6 shows the influence of  $\alpha$ -lipoic acid in combination with silibinin on the cellular thiol  
35 concentration of primary alveolar macrophages of COPD patients [\* :  $p < 0.05$ , ANOVA,  $n = 8$ ].

Table 6:

Thiols, intracellular (CMFDA) [%]	24h MW    ±   SD	48h MW    ±   SD	72h MW    ±   SD	96h MW    ±   SD
Control, normal RPMI1640	100.0   ±   19.7	100.0   ±   8.2	100.0   ±   31.8	100.0   ±   23.2
Control, COPD, RPMI1640	61.6   ±   13.9	58.6   ±   7.3	46.1   ±   18.8	51.9   ±   14.3
$\alpha$ LA [10.0 $\mu$ g/ml] RPMI1640	60.3   ±   21.0	58.0   ±   68.6	46.2   ±   19.8	62.4   ±   6.3
Silibinin [70 $\mu$ g/ml] RPMI1640	56.1   ±   12.4	59.0   ±   56.8	44.7   ±   14.0	49.4   ±   14.5
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [0.7 $\mu$ g/ml] RPMI1640	64.1   ±   10.2*	64.7   ±   54.2*	49.9   ±   11.8	62.6   ±   8.0
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [7.0 $\mu$ g/ml] RPMI1640	84.5   ±   14.1*	76.0   ±   65.8*	78.6   ±   14.9*	81.8   ±   17.8
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [70.0 $\mu$ g/ml] RPMI1640	102.5   ±   22.6*	103.3   ±   62.4*	100.0   ±   27.1*	92.7   ±   20.1*
$\alpha$ LA[10.0 $\mu$ g/ml] Silibinin [700.0 $\mu$ g/ml] RPMI1640	59.4   ±   11.7	36.2   ±   26.1	38.8   ±   10.3	35.7   ±   2.7

### Example 5

Influence on the capacity of alveolar macrophages for  
5 phagocytosis

In order to make possible a characterisation of the  
alveolar macrophages in respect of their original  
functions, the capacity for phagocytosis was selected  
10 as the measured variable.

In a similar procedure to the one described in Example  
3, alveolar macrophages were isolated and cultivated ex  
vivo. The phagocytosis efficiency was determined by a  
15 cytofluorimetric test at the single-cell level. The  
macrophages were co-cultivated with opsonized and  
fluorochrome-marked bacteria. The amount of bacteria  
absorbed in a defined period of time was assessed  
quantitatively via the fluorescence intensity in the  
20 macrophages and counted as the measurement for their  
capacity for phagocytosis. The influence of the  
combinations used according to the invention on the  
capacity of the peritoneal macrophages for phagocytosis



after a treatment period of up to 96 hours is shown in Table 7.

After incubation with  $\alpha$ -lipoic acid, ambroxol or silibinin, the phagocytosis rate had not altered by comparison with the untreated control. On the other hand, using the combination of  $\alpha$ -lipoic acid and ambroxol, a significant increase in the phagocytosis rate could be achieved which corresponded after 72 hours to the values of the healthy control group.

The course of the induction of phagocytosis with the combination of  $\alpha$ -lipoic acid and silibinin in a concentration of 70  $\mu$ g/ml was similar. Here, too, a significant improvement in the capacity for phagocytosis was demonstrated, parallel to a restoration of the thiol status.

Table 7 shows the influence of  $\alpha$ -lipoic acid in combination with ambroxol or silibinin on the phagocytosis rate of primary alveolar macrophages of COPD patients [\* :  $p < 0.05$ , ANOVA,  $n = 6$ ].

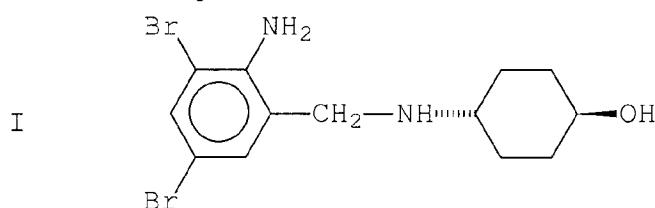
Table 7:

Phagoburst (mfi) [%]	24h			48h			72h			96h		
	MW	$\pm$	SD	MW	$\pm$	SD	MW	$\pm$	SD	MW	$\pm$	SD
Control, normal RPMI1640	100.0	$\pm$	16.8	100.0	$\pm$	22.2	100.0	$\pm$	14.6	100.0	$\pm$	13.7
Control, COPD, RPMI1640	56.9	$\pm$	15.5	55.4	$\pm$	14.1	57.0	$\pm$	9.7	67.7	$\pm$	13.7
$\alpha$ LA [10.0 $\mu$ g/ml] RPMI1640	59.0	$\pm$	11.7	60.2	$\pm$	12.4	50.7	$\pm$	9.0	64.9	$\pm$	14.3
Ambroxol [10 $\mu$ M] RPMI1640	53.3	$\pm$	10.9	59.2	$\pm$	12.4	55.2	$\pm$	19.2	61.9	$\pm$	22.1
Silibinin [70.0 $\mu$ g/ml] RPMI1640	55.1	$\pm$	12.2*	57.6	$\pm$	8.5	54.2	$\pm$	13.8	59.9	$\pm$	21.2
$\alpha$ LA [10.0 $\mu$ g/ml] Ambroxol [10 $\mu$ M] RPMI1640	81.5	$\pm$	19.0*	93.2	$\pm$	18.4*	116.4	$\pm$	17.6*	102.8	$\pm$	4.8*
$\alpha$ LA [10.0 $\mu$ g/ml] Silibinin [70.0 $\mu$ g/ml] RPMI1640	75.5	$\pm$	17.3*	86.5	$\pm$	16.7*	98.7	$\pm$	22.6*	92.5	$\pm$	9.1*

Overall, these tests make it clear that the application of the combination of  $\alpha$ -lipoic acid and the effectors of glutathione metabolism, ambroxol or silibinin, stabilises a primarily massively damaged thiol status  
5 in thiol-deficient alveolar macrophages both after artificial thiol deficiency and in COPD patients. This normalisation leads furthermore to a restoration of central cellular functions, such as phagocytosis activity, which is not to be recorded without such  
10 treatment.

**Patent claims**

1. Use of at least one effector of glutathione metabolism together with  $\alpha$ -lipoic acid, its salts  
5 and/or its pro-drugs for the simultaneous, separate or timed cytoprotective treatment of chronically obstructive lung diseases.
2. Use according to claim 1,  
10 **characterised in that** the dose of the  $\alpha$ -lipoic acid, its salts and/or its pro-drugs for administration to a human patient is between 30 and 1800 mg/d, preferably between 200 and 600 mg/d.
3. Use according to at least one of the preceding claims,  
15 **characterised in that** ambroxol of the general formula I,



- 20 its salts and/or its pro-drugs is/are used as the effector.
4. Use according to claim 3,  
25 **characterised in that** the dose of ambroxol, its salts and/or its pro-drugs for administration to a human patient is between 7.5 and 90 mg/d, preferably between 60 and 75 mg/d.

5. Use according to at least one of the preceding claims, **characterised in that** silibinin, its salts and/or its pro-drugs is/are used as the effector.
- 5 6. Use according to claim 5,  
**characterised in that** the dose of silibinin, its salts/or its pro-drugs for administration to a human patient is between 20 and 1600 mg/d, preferably between 300 and 800 mg/d.
- 10 7. Use according to at least one of the preceding claims,  
**characterised in that** the medicine can be administered by inhalation, orally or
- 15 parenterally.
8. Use according to at least one of the preceding claims,  
**characterised in that** the medicine contains
- 20 further additives selected from the group of aqueous solvents, ~~stabilisers~~ stabilizers,  
suspending, dispersing and wetting agents.
9. Use according to at least one of the preceding
- 25 claims,  
**characterised in that** the medicine is presented in the form of an aerosol, a solution, granules, a powder, an emulsion, a tablet and/or a film tablet.
- 30 10. Use according to at least one of the preceding claims,  
**characterised in that** the effector of glutathione metabolism and the  $\alpha$ -lipoic acid, its salts and/or

its pro-drugs are presented in a single formulation.

11. Use according to at least one of the preceding  
5 claims,  
**characterised in that** the effector of glutathione metabolism and the  $\alpha$ -lipoic acid, its salts and/or its pro-drugs are presented in separate formulations.

**Abstract**

The present invention relates to the use of at least one effector of glutathione metabolism together with  $\alpha$ -  
5 lipoic acid, its salts and/or its pro-drugs for the simultaneous, separate or timed cytoprotective treatment of chronically obstructive lung diseases.